

Sarah Robinson

1:1 Executive Women Mentorship Program



Contents

- ✓ Overview
- ✓ How It Works
- ✓ Benefits You'll Experience
- ✓ Connect with Sarah





Are you an Executive Woman facing challenges in your role?

Do you want to excel in every new opportunity and feel challenged with how to step up and stand out without burning out?

How would it feel to work with a seasoned executive coach to help you navigate the challenges of being a female leader in your organization?

If that sounds like just the kind of support you want, Sarah Robinson may be exactly the coach and mentor you're looking for.

Maybe you are...

- ✓ A CEO, juggling your relationship with your board and employees while staying focused on the growth of your organization
- ✓ A start-up founder, working crazy hours and driving your team to scale your company without sacrificing the original culture that makes it so great
- ✓ A senior leader, wanting to move up in seniority but unsure of exactly how to make it happen
- ✓ A seasoned entrepreneur, desperately wanting to bring more balance to your life so you can focus on the people who matter most

Executive women face the unique challenge of being successful leaders while fighting the pressure to "lead like a man". If we're too soft, we don't have what it takes and if we are too hard, we are labeled difficult. It can often be a very narrow tightrope to walk.

No matter where you find yourself and no matter what challenges you are facing, you don't have to tough it out alone. Sarah has successfully supported, coached and mentored women in leadership for more than twenty years. She would be honored to work with you.

How It Works

If your curious whether coaching with Sarah is the right "fit" for you, schedule a brief, no-pressure call where the two of you will discuss your challenges and your goals. Sarah will also share more about her customized coaching approach.

Once you and Sarah mutually agree to move forward with a mentoring relationship, we'll schedule a kick-off meeting (either virtually or in-person) to go deeper into what you want to achieve and together, you and Sarah will set clear, measurable goals and outcomes for your mentoring experience.



Sarah works 1:1 with her clients in 90 day cycles, creating laser focus, momentum and accountability to achieve results. A combination of in-person or virtual meetings, customized resources combined with her warm, direct approach make her a sought-after mentor and coach who can support you in achieving your goals.



Every executive woman Sarah works with is drawn in by her dynamic energy. She instills much needed confidence & clarity to skillfully and powerfully connect with, influence and impact any audience - on the stage, in the room, at the table. Sarah delivers the goods.

**Kati Quigley, Sr. Director
Microsoft**



What started as a simple need for pitch direction became so much more. Sarah became my cheerleader, my mentor, & my champion. Sarah gave me confidence when I doubted myself, wisdom when I was lost, and a smile when I was scared. She will inspire you in ways you didn't know possible.

**Camille Mackenzie, CEO + Co-Founder
Kintail**

Benefits You'll Experience

PROFESSIONAL

- A customized personal & professional development plan
- Stronger leadership communication skills and executive presence
- Increased self-awareness of communication and leadership styles.
- Enhanced ability to lead productive meetings and conversations
- Improved focus on the most important people & activities
- Sharper, clearer communication of ideas and concepts.
- Advanced preparation and delivery abilities for presentations and talks.

MENTAL & EMOTIONAL

- Deeper sense of value, importance and connection
- Lower stress and reduced overwhelm
- Stronger sense of well being and balance
- Higher self-esteem and confidence
- More flexible, proactive thinking
- Greater motivation to achieve desired results.
- Sharper strategic thinking to drive strategic outcomes

Benefits Your Organization Will Experience

PROFESSIONAL

- Focused development plan aligned with organizational values and desired outcomes
- Enhanced communication and leadership abilities with peers, leaders and team members
- Sharper focus on the people, projects and outcomes that matter most
- Elevated presentation skills
- Heightened initiative and confidence in client and team environments
- Expanded project involvement and responsibility
- Stronger strategic, proactive approach to challenges and objectives

MENTAL & EMOTIONAL

- Engaged female leader who feels valued by the organization
- Increased retention and deeper connection to your organization
- Improved work life balance that elevates personal productivity
- Variety of learning & coaching methods customized to individual needs
- Objective feedback from an experienced female leadership expert

1:1
Executive Women
Mentorship Program



**We would love to talk with you about how
Sarah can partner with you to reach your goals.**

Sarah Robinson

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